

SUGGESTED ITEMS TO SEND & CATEGORIES OF CONTENTS - 2021

Parish Twinning Program - Sea Container

-Remember that you will be asked to give an amount based on the cubic footage (SIZE) of your shipment—not the weight. The weight does NOT add cost (unless you are paying to have items delivered to our warehouse rather than bringing them directly). Thus, items like mattresses, furniture, equipment, appliances, lumber, and pipe cost more to ship.

-People often use containers that can be re-used for different purposes in their twin parish. Examples are large plastic drums or five-gallon buckets/pails with lids. If having supplies sent to the warehouse by a store, don't forget to notify the coordinator and provide the shipment forms and labels for the set of goods.

-Use Google or other search engines on the internet to help you to locate hard-to-find items (also Amazon, eBay, etc.).

-NOTE: We do not send any motorized vehicles. In other words: no motorcycles, no ATVs, no UTVs, no tractors, no mopeds, and (as always) no cars or trucks.

-WEIGHT: Please do not send any item weighing over 250 pounds. Nonetheless, you may call a Coordinator to ask about shipping certain items.

☑ **Agricultural/Farm supplies** - such as seed or bulbs (corn, cabbage, carrots, lettuce, cucumber, tomato, etc.), wheelbarrows, garden tools, hoe, spade, digging fork, digging bar (large), tubs, sprayers, gate equipment, fencing, etc.

☑ **Appliances** - such as **stoves/ranges, washers, dryers, refrigerators (large or small), or freezers** (if parish has electricity or generator power); gas-powered (propane or kerosene) refrigerators or freezers (**you CANNOT send the actual propane or kerosene** on the sea container); these appliances can be used to refrigerate medicines, vaccines, etc. for general purposes or for visiting med mission teams. *One seller of gas-powered appliances:* Lehman's at 1-888-438-5346 or www.Lehmans.com

☑ **Auto supplies** - for a parish vehicle, such as auto parts (ask the priest in Haiti), tires, car batteries, car windows (if crated with ample packing), fuel treatment, steering & brake fluid, carb cleaners, etc. (If sending tires, you can secure them with a chain and padlock at our warehouse, but give us that key--call our Coordinator about it.)

☑ **Baby care supplies** - diapers (incl. cloth ones), diaper rash cream, infant/baby formula to drink, feeding bottles, pacifiers, baby wipes, layette sets, safe clean baby toys, wash cloths, baby towels, children's vitamins, children's pain relievers, facial soap, baby shorts/socks/shirts/shoes, one-piece sleeper outfits, antibiotic cream, band-aids, high chairs, cribs, etc.

☑ **Bicycle(s)** - especially for adults (try to box or crate them); if you choose, you can take pedals off & group pedals together; pack firmly; you can add a lock or chain & padlock (if you actually put the chain *on* the bicycle, then give us the key)

☑ **Cell phone** - You could let the priest set up his own account in Haiti or set up an account with a provider in the U.S. but many priests get their own phone and use the app WhatsApp; Accessories, protective case, charger cord, adapter, etc.

☑ **Clothes** - *only if requested by priest:* Dresses, pants, shirts, shorts, shoes incl. tennis shoes, sandals/flip-flops, rubber boots, caps/hats, jackets, raincoats, wedding dresses, men's suits, neckties, etc.

☑ **Computer equipment** - computers including laptops (if there is access to AC power or generator for charging) and carry case and/or locking device (and possibly padlock), monitors, keyboard, mouse, printers & ink/toner cartridges, scanner, all necessary cords/cables (such as power cords and USB plugs and printer cables and USB adapters with multiple ports, etc.), printer paper, software, thumb drives, DVD discs, wi-fi equipment (if parish has electricity or generator power), multiple-plug outlets, fax machine if scanning is too problematic (fax requires phone line), etc.

☑ **Cooking/kitchen supplies** - Cookware, pots, pans, stirring spoons, utensils (knife, fork, spoon), whisks, hard plastic plates/bowls/cups, plastic containers (Rubbermaid, etc.), plastic bags, cooking oil (well-sealed), etc.

☑ **Dental supplies & equipment** - Dental chairs, dental exam equipment, attachments, accessories, etc.

☑ **Food supplies - using sealed plastic bins or drums;** non-perishable; powdered milk/drinks, dry beans, pasta, lentils, rice, peanut butter, canned tuna, dried fruit, canned fruit, dried herbs, canned tomato paste, flour, manual can openers, etc.

☑ **Furniture** - Be selective! Furniture takes up a lot of cubic footage. Chairs (can be unassembled), dining tables, kitchen tables, end tables, shelving, desks (unassembled or otherwise), lamps, bedposts, couches, recliners, etc.

☑ **Generator(s)** - for parishes without electricity--or for times when the electricity is off. *Note:* Diesel fuel is cheaper for a Haitian parish than normal gasoline, so a diesel generator is preferred. *Sellers:* Home Depot & Lowe's (cheaper, air-cooled versions) or stores/web sites with longer-lasting liquid-cooled ones

☑ **Household supplies** - paper towels, scissors, ball of string/cord, mops, whisk brooms, scrub brushes, detergent (if applicable), candles, extension cords (any sizes, gauges), batteries, flashlights, light bulbs, cleaning supplies (but not bleach), etc.

☑ **Mattresses and/or box springs** - sheets & fitted sheets to fit chosen size, pillows/pillowcases

☑ **Medical supplies & equipment** - UNEXPIRED non-prescription medicines, vitamins for children or adults, birthing kits, diarrhea medicine, aspirin or pain relievers, Hydrocortisone, antibiotic cream, Neosporin, other over-the-counter medicines, gauze wraps, I.V. solution, band-aids, splints, test tubes, vacutainers, cotton swabs, centrifuges, pipettes,

hospital bed frames, hospital mattresses with special covers and sheets/bedding (incl. fitted sheets) to fit the bed's size plus pillows/pillowcases, wheelchairs, crutches, canes, doctor's stool/chair, gurneys, surgical tables, exam tables, autoclave (for heating/sterilization), EKG, etc.

☑ **Miscellaneous supplies & equipment** - such as a lawn mower (with an empty gas tank), pressure washer (incl. hose), biomass machine for compacting wood waste, etc.

☑ **Mosquito netting** - pre-fab commercial bed nets, wide rolls of mesh netting (helps fight malaria problem)

☑ **Musical supplies/instruments** for masses - acoustic & electric guitars, keyboards, drums, organ/piano if requested; for schools - trumpets, trombones; speakers/amplifiers & accessories; music books/sheet music (espec. if in Creole/French)

☑ **Office supplies/fixtures** (see Computer also) - for parish office or rectory, such as a copier with ink/toner cartridges, pens, pencils/sharpeners, filler/notebook paper, copy paper, legal pads, file folders, expandable files, notebooks/binders, tabbed dividers, envelopes, batteries (all sizes), telephones & phone cords (if they have phone service), clocks, staplers, tape, powerstrip outlets or strong extension cords (again, if parish has electricity or generator power), light bulbs (well-packed), filing cabinet (locking with keys), etc.

☑ **Optical/vision supplies** - reader glasses/varying magnifications, sunglasses (adults and children), used prescription glasses (variety), lanyards, etc.

☑ **Playground supplies** - like swings, rubber mulch, unassembled equipment, etc.

☑ **Project/Construction supplies incl. lumber, plumbing, and electrical supplies:** - building materials, ladders, screws/nails, paint--latex only, tape measure, thin wire, work gloves, tarps, dropcloths, padlock & keys, tents, etc.; lumber/wood/flooring--can be large and cumbersome but can be sent to our warehouse by a local Home Depot or Lowe's if you call them; you can add boxes of screws, nails, etc. to your order; plumbing supplies--PVC and copper piping, connectors, joints, elbows, adapters, fittings, pipe wrenches; tools--such as hand tools (hammers, screwdrivers, saws, adjustable wrenches, trowels for mortar, tape measures, wire cutters), battery-powered power tools (or electric power tools)--if parish has electricity or generator power so batteries can be charged--with a set of drill bits and screwdriver fittings, tool boxes, shovels, sledgehammers, pitchforks, rakes, gloves, planers, chisels, other wood-working tools, etc.; water well project supplies; electrical supplies - conduit, wire, connectors, elbows, wirecutters, accessories, etc.

☑ **Religious/church/catechetical supplies** - Church pews, rosaries, liturgical supplies and furniture, bibles, vestments, hosts, podiums, banners, hymnals, crosses, altar; bibles or training materials in French or Haitian Creole. *Bible seller:* www.internationalbibles.com

☑ **Satellite dish** - particularly for opening a satellite internet account, such as StarBand. *Info:* www.StarBand.com

☑ **School/educational supplies/books** - composition books, pencils, pencil sharpeners, pens (ballpoint, etc.), chalk, filler (notebook) paper, 3-ring binders, 2-pocket folders, calculators, wire-bound theme books (notebooks w/paper), scissors with blunt tips, tape, crayons, coloring books, colored marking pens, construction paper, glue, rulers, hole punches, paper clips, note pads, full-size pads of paper, desks for home or school, chairs, school backpacks, uniforms (check with school first regarding dress code/color/style), craft supplies, etc.; Books - French-English & Creole-English dictionaries; Creole Institute (812) 855-4988 www.indiana.edu; Educational/children's books in Creole - * Educavision (954) 725-0701 / www.educavision.com / Educavision also has maps, charts, interactive learning, etc.; www.amazon.com

☑ **Sewing supplies incl. treadle sewing machines** - scissors/shears, thread, embroidery, needles, buttons (assorted), fabric (rolls or folded), etc.; Treadle sewing machines--popular brand Janome; plus bobbin, needle, feet, other parts; often given to help women in Haiti start their own service/business - web sites: www.amazon.com and www.joann.com

☑ **Sheets, towels; possibly wash cloths or blankets**

☑ **Solar panels, inverters, and batteries** and equipment/wiring - it is safest if they are crated individually for shipping; VERY FRAGILE; send more panels than you think you will need--they can crack; solar lights, accessories, etc.

☑ **Sports equipment** - especially for kids, such as soccer balls, goals & nets, jump-ropes, athletic shoes, soccer cleats, team shirts/jerseys (showing different numbers) (possibly different sets of a certain size), basketballs, hoops, baseballs, bats, gloves, plates (bases), large equipment bags/nets

☑ **Television, DVDs & players** (for school & instructional use/DVDs in Creole/French) if parish has electricity or generator power

☑ **Toiletries/hygiene Supplies** - for improved health/hygiene, such as toothpaste, toothbrushes, mouthwash, floss, soap bars/hand soap, washcloths, shampoo, dishwashing soap, Vaseline, hand cream, hair ties, hairbrushes, safety pins, toilet paper (more expensive in Haiti), etc.

☑ **Toys** - for children, such as dolls, figures, stuffed animals, toy cars, tricycles, rocking horses, games which don't require knowledge of written English; playing cards; games such as checkers, dominoes, simple board games, etc.

☑ **Water purification systems** or equipment, water filters