

SUGGESTED ITEMS TO SEND & CATEGORIES OF CONTENTS - 2019

Parish Twinning Program Sea Container

-Remember that you will be asked to give an amount based on the cubic footage (SIZE) of your shipment—not the weight. The weight does NOT add cost (unless you are paying to have items delivered to our warehouse rather than bringing them directly). Thus, items like mattresses, furniture, equipment, appliances, lumber, and pipe cost more to ship.

-People often use containers that can be re-used for different purposes in their twin parish. Examples are large plastic drums or five-gallon buckets/pails with lids.

-Use Google or other search engines on the internet to help you to locate hard-to-find items.

-NOTE: We are no longer sending any motorized vehicles. In other words: no motorcycles, no ATVs, no UTVs, no tractors, no mopeds, and (as always) no cars or trucks.

-WEIGHT: Please do not send any item weighing over 250 pounds. Nonetheless, you may call a Coordinator to ask about shipping certain items.

☑ **Medical supplies & equipment** - UNEXPIRED non-prescription medicines, vitamins for children or adults, birthing kits, diarrhea medicine, aspirin or pain relievers, Hydrocortisone, antibiotic cream, Neosporin, other over-the-counter medicines, gauze wraps, I.V. solution, band-aids, splints, test tubes, vacutainers, cotton swabs, centrifuges, pipettes, hospital bed frames, hospital mattresses with special covers and sheets/bedding (incl. fitted sheets) to fit the bed's size plus pillows/pillowcases, wheelchairs, crutches, canes, doctor's stool/chair, gurneys, surgical tables, exam tables, autoclave (for heating/sterilization), EKG, etc.

☑ **Dental supplies & equipment** - Dental chairs, dental exam equipment, attachments, accessories, etc.

☑ **Optical/Vision supplies** - reader glasses/varying magnifications, sunglasses (adults and children), used prescription glasses (variety), lanyards, etc.

☑ **Household supplies** - scissors, ball of string/cord, whisk brooms, scrub brushes, detergent (if applicable), candles, batteries, flashlight, etc.

☑ **Toiletries/Hygiene Supplies** - for improved health/hygiene, such as toothpaste, toothbrushes, mouthwash, floss, soap bars, washcloths, shampoo, dishwashing soap, Vaseline, hand cream, hair ties, hairbrushes, safety pins, etc.

☑ **Baby Care supplies** - diapers (incl. cloth ones), diaper rash cream, infant/baby formula to drink, feeding bottles, pacifiers, baby wipes, layette sets, safe clean baby toys, wash cloths, baby towels, children's vitamins, children's pain relievers, facial soap, baby shorts/socks/shirts/shoes, one-piece sleeper outfits, antibiotic cream, band-aids, high chairs, cribs, etc.

☑ **Water purification systems** or equipment, water filters

☑ **Generator(s)** - for parishes without electricity--or for times when the electricity is off. *Note:* Diesel fuel is cheaper for your Haitian pastor than normal gasoline, so a diesel generator is preferred. *Sellers:* Home Depot & Lowe's (cheaper, air-cooled versions) or stores/web sites with longer-lasting liquid-cooled ones

☑ **Religious/Church supplies** - Rosaries, liturgical supplies, bibles, vestments, hosts, podiums, banners, hymnals, crosses, etc.

☑ **Catechetical supplies** - in French or Haitian Creole; bibles, etc. *Bible Seller:* www.internationalbibles.com

☑ **Clothes** - *only if requested by pastor:* Dresses, pants, shirts, shorts, shoes incl. tennis shoes, sandals/flip-flops, rubber boots, caps/hats, jackets, raincoats, etc.

☑ **Furniture** - Be selective! Furniture takes up a lot of cubic footage. Chairs (can be unassembled), tables, shelving, unassembled desks, etc.

☑ **Cell phone** - for your pastor, if it can be activated in Haiti & affordable (or have him buy one there with your donation); figure out if he will be able to reach the U.S. (your parish/city) with it; You could let the priest set up his own account in Haiti or set up an account with a provider in the U.S. Accessories, protective case, charger cord, adapter, etc.

☑ **Miscellaneous supplies & equipment** - such as a biomass machine for compacting wood waste, etc.

☑ **Satellite phone** - if they have no phone service. It's a good way to communicate, but these phones can cost a lot. You must buy a dish. Ongoing service fees apply. *Info:* www.GlobalStar.com / www.Iridium.com / www.Inmarsat.com

☑ **Satellite dish** - particularly for opening a satellite internet account, such as StarBand. *Info:* www.StarBand.com

☑ **School/Educational supplies (see Books also)** - composition books, pencils, pencil sharpeners, pens (ballpoint, etc.), chalk, filler (notebook) paper, 3-ring binders, 2-pocket folders, calculators, wire-bound theme books (notebooks w/paper), scissors with blunt tips, tape, crayons, coloring books, colored marking pens, construction paper, glue, rulers, hole punches, paper clips, note pads, full-size pads of paper, desks for home or school, chairs, school backpacks, uniforms (check with school first regarding dress code/color/style), craft supplies, etc.

☑ **Computer equipment** - computers including laptops (if there is access to AC power or generator for charging) and carry case and/or locking device (and possibly padlock), monitors, keyboard, mouse, printers & ink/toner cartridges, scanner, all necessary cords/cables (such as power cords and USB plugs and printer cables and USB adapters with multiple ports, etc.), printer paper, software, thumb drives, DVD discs, wi-fi equipment (if parish has electricity or generator power), multiple-plug outlets, fax machine if scanning is too problematic (fax requires phone line), etc.

- ☑ **Food supplies in sealed plastic bins or drums only** - non-perishable; powdered milk/drinks, dry beans, pasta, lentils, rice, peanut butter, canned tuna, dried fruit, canned fruit, dried herbs, canned tomato paste, flour, manual can openers, etc.
- ☑ **Cooking/Kitchen supplies** - Cookware, pots, pans, stirring spoons, utensils (knife, fork, spoon), whisks, hard plastic plates/bowls/cups, plastic containers (Rubbermaid, etc.), plastic bags, cooking oil (well-sealed), etc.
- ☑ **Agricultural/Farm supplies** - such as seed or bulbs (corn, cabbage, carrots, lettuce, cucumber, tomato, etc.), garden tools, hoe, spade, digging fork, digging bar (large), tubs, sprayers, gate equipment, etc.
- ☑ **Sewing supplies** - thread, needles, buttons (assorted), fabric, etc.
- ☑ **Treadle sewing machines** - Popular brand: Janome; plus bobbin, needle, feet, other parts; often given to help women in Haiti start their own service/business - web sites: www.amazon.com and www.joann.com
- ☑ **Solar panels** and equipment/wiring - it is safest if they are crated individually for shipping; **VERY FRAGILE**; send more panels than you think you will need--they can crack; solar panel batteries, solar lights, accessories, etc.
- ☑ **Tools** - such as hand tools (hammers, screwdrivers, saws, adjustable wrenches, trowels for mortar, tape measures, wire cutters), battery-powered power tools (or electric power tools)--if parish has electricity or generator power so batteries can be charged--with a set of drill bits and screwdriver fittings, tool boxes, shovels, sledgehammers, pitchforks, rakes, gloves, planers, chisels, other wood-working tools, etc.
- ☑ **Project/Construction supplies** - building materials, ladders, screws/nails, paint--latex only, tape measure, thin wire, work gloves, tarps, dropcloths, padlock & keys, tents, etc.
- ☑ **Lumber/Wood/Flooring** - Lumber is large and cumbersome but can be sent to our warehouse by a local Home Depot or Lowe's if you call them; you can add boxes of screws, nails, etc.
- ☑ **Plumbing Supplies** - PVC pipe, copper pipe, connectors, elbows, fittings, pipe wrenches, accessories, etc.
- ☑ **Electrical Supplies** - conduit, wire, connectors, elbows, wirecutters, accessories, etc.
- ☑ **Auto supplies** - for a parish vehicle, such as auto parts (ask the priest in Haiti), tires, car batteries, car windows (if crated with ample packing), fuel treatment, steering & brake fluid, carb cleaners, etc. (If sending tires, you can secure them with a chain and padlock at our warehouse, but give us that key--call our Coordinator about it.)
- ☑ **Appliances** - such as **stoves/ranges, washers, dryers, refrigerators (large or small), or freezers** (if parish has electricity or generator power); gas-powered (propane or kerosene) refrigerators or freezers (**you CANNOT send the actual propane or kerosene** on the sea container); these appliances can be used to refrigerate medicines, vaccines, etc. for general purposes or for visiting med mission teams. *One seller of gas-powered appliances:* Lehman's at 1-888-438-5346 or www.Lehmans.com
- ☑ **Office supplies/fixtures** (see Computer also) - for parish office or rectory, such as a copier with ink/toner cartridges, pens, filler/notebook paper, copy paper, legal pads, pencils/sharpeners, file folders, expandable files, notebooks/binders, tabbed dividers, envelopes, batteries (all sizes), telephones & phone cords (if they have phone service), clocks, staplers, tape, powerstrip outlets or strong extension cords (again, if parish has electricity or generator power), light bulbs (well-packed), filing cabinet (locking with keys), etc.
- ☑ **Mosquito netting** - pre-fab commercial bed nets, wide rolls of mesh netting (helps fight malaria problem)
- ☑ **Bicycle(s)** - especially for adults (try to box or crate them); if you choose, you can take pedals off & group pedals together; pack firmly; you can add a lock or chain & padlock (if you actually put the chain *on* the bicycle, then give us the key)
- ☑ **Books - French-English & Creole-English dictionaries;** Creole Institute (812) 855-4988 www.indiana.edu Educational/children's books in Creole - **Educavision (954) 725-0701 / www.educavision.com** /Also: www.amazon.com
- ☑ **Sports equipment** - especially for kids, such as soccer balls, goals & nets, jump-ropes, tennis shoes, soccer cleats, team shirts/jerseys (showing different numbers) (possibly different sets of a certain size), basketballs, hoops, baseballs, bats, gloves, plates (bases), footballs, large equipment bags/nets
- ☑ **Playground supplies** - like swings, rubber mulch, unassembled equipment, etc.
- ☑ **Sheets, towels; possibly wash cloths or blankets**
- ☑ **Mattresses and/or box springs** - sheets & fitted sheets to fit chosen size, pillows/pillowcases
- ☑ **Musical supplies/instruments** for masses - acoustic & electric guitars, keyboards, drums, organ/piano if requested; for schools - trumpets, trombones; speakers/amplifiers & accessories; music books/sheet music (espec. if in Creole/French)
- ☑ **Television, DVDs & players** (for school & instructional use/DVDs in Creole/French) if parish has electricity or generator power
- ☑ **Toys** - for children, such as dolls, figures, stuffed animals, games which don't require knowledge of written English; playing cards; games such as checkers, dominoes, chess, simple board games, etc.