



## CHECKLIST FOR TRIPS TO HAITI

*See our Travel Guide for more travel details*

### **THINGS TO DO BEFORE GOING TO HAITI**

✓	<i>Task(s)</i>
	<b>UPDATE PASSPORT</b> if needed (check renewal date); if an old address is listed, add current address matching your driver's license address.
	<b>LEAVE COPY OF PASSPORT</b> at home in the U.S. and take an extra copy to Haiti and keep it in a separate place from your actual passport.
	<b>UPDATE DRIVER'S LICENSE</b> if needed, including any address changes, and make copies of license also.
	<b>OBTAIN PLANE TICKETS.</b> If flying inside Haiti from one city to another, obtain those tickets too, if possible.
	<b>OBTAIN TRANSLATOR</b> (if needed)
	<b>OBTAIN DRIVER</b> (if needed)
	<b>ARRANGE FOR LODGING</b> while at sister parish and while in Port-au-Prince (if needed)
	<b>OBTAIN CASH</b> for trip. It is difficult to find places in Haiti which will accept travelers' checks.
	<b>GET YOUR IMMUNIZATIONS UP TO DATE</b> (recommended, not required)--Talk to your doctor. - DPT (to prevent Diphtheria, Typhoid, and Pertussis/whooping cough) - Tetanus Other possible shots: Hepatitis A (food-borne Hep.) or Hepatitis B (blood-borne Hep.) vaccines - Gamma globulin (to strengthen immunity)
	<b>OBTAIN ANTI-MALARIA PILLS</b> through a prescription from your local doctor and begin taking them; Usually, you take one pill one week before the day you go to Haiti. Then, you continue taking one pill once a week on that same day of the week for a duration of approximately four to six weeks. The length of time depends on your prescription. Brand names include Aralen (which is chloroquen) or Larium.
	<b>OBTAIN REFILLS</b> of any prescription medicine which you are taking--Talk to your doctor about possible medicine & immunization interactions. Remember--no expired medicines allowed.
	<b>LEAVE PHONE NUMBERS</b> with a family member in the U.S. for the guest house or hotel where you will be staying in Port-au-Prince (if you stay there at all) and any phone/cell phone/fax numbers or e-mail addresses for your destination parish or area. * Remember that calling Haiti means dialing the international calling code 011 first, then the country code 509, then 2 for land lines or 3 for cell phones, then the actual seven-digit phone number.
	<b>OBTAIN RECOMMENDED ITEMS</b> to take to Haiti (see list below)
	<b>GIVE GUEST HOUSE/HOTEL ADDRESS</b> to everyone in your group: they will need it to fill out the yellow tourist card when they arrive in Haiti
	<b>OBTAIN ANYTHING THE TWIN PARISH PASTOR REQUESTED YOU TO BRING--if possible.</b>
	<b>Buy any needed clothing or shoes</b> (see list below). Break new shoes in.

### **ITEMS TO TAKE TO HAITI**

✓	<i>Item(s)</i>
	<b>PLANE TICKETS</b> - (1) To Haiti (2) Back to the U.S. Tickets if flying inside Haiti from one city to another
	<b>PASSPORT</b> for you & any others for whom you are responsible ( <b>IS YOUR PASSPORT CURRENTLY VALID?</b> )
	<b>IDENTIFICATION</b> - Your state driver's license (updated)
	<b>MONEY</b> - Cash is preferable to travelers' checks. A credit card can be used to rent a "Jeep"/car from a rental agency, if needed.
	<b>TRAVEL INFORMATION</b> from PTPA with map and important phone numbers in Haiti.
	<b>BAG, PURSE, OR HIP PACK FOR YOUR BELONGINGS, YOUR CAMERA AND YOUR IDs</b>
	<b>ANTI-MALARIA PILLS</b>
	<b>ANY PRESCRIPTION MEDICINE</b> which you are taking ( <b>UNEXPIRED</b> )

	<b>MEDICATIONS SUCH AS ASPIRIN, DRAMAMINE, an anti-diarrheal medication like IMMODIUM OR LOMOTIL; VITAMINS</b>
	<b>LUGGAGE - The airlines usually allow you to check 2 pieces of luggage that can weigh up to 50 pounds each and take 1 piece of carry-on luggage under 40 pounds. For a flat \$100 fee, you can check one excess piece. There is an embargo on <u>boxes</u> during certain months of the year (generally Dec.-Feb.), so check with the airlines before departing. Duffel bags or large canvas bags can be used instead of boxes.</b>
	<b>LUGGAGE LOCK--especially if leaving a larger bag in PAP while traveling out of town</b>
	<b>LIGHTWEIGHT SUMMER CLOTHING, including sun hat or cap, a light jacket, and shorts; comfortable shoes (sandals, running shoes)</b>
	<b>FLIP-FLOP SANDALS (sometimes needed when showering)</b>
	<b>SUNGLASSES, PRESCRIPTION GLASSES (or CONTACTS &amp; solution)</b>
	<b>SUNBLOCK</b>
	<b>MOSQUITO REPELLENT</b>
	<b>TOWEL, WASHCLOTH &amp; SOAP (soap bar or liquid) – generally large towels are provided</b>
	<b>FLASHLIGHT with extra batteries and extra bulb</b>
	<b>WET TOWELETTES</b>
	<b>HANDHELD MIRROR (It's rare to find a mirror in the rectories)</b>
	<b>PAPER CUPS</b>
	<b>KLEENEX - Travel-size packs</b>
	<b>SHAMPOO - Travel-size</b>
	<b>SNACKS - Cheese &amp; crackers, peanuts, fruit cups, granola bars, peanut butter, trail mix, etc.</b>
	<b>ZIPLOC BAGS and/or TRASH BAGS - variety of sizes (rectories never have wastebaskets)</b>
	<b>CAMERA &amp; FILM - Minimum of 4 to 5 rolls - bring more than you think you'll need; MEMORY STICKS for digital cameras and charger</b>
	<b>TRAVEL ALARM CLOCK with battery</b>
	<b>STURDY RE-USABLE WATER CONTAINER (for one person) to pour jug water into</b>
	<b>WATER BOTTLES--case or water jugs, if desired</b>
	<b>ANY ITEMS YOUR TWIN PARISH PASTOR REQUESTED</b>

***OPTIONAL ITEMS WHICH CAN BE TAKEN***

✓	<i>Items</i>
	<b>Laundry detergent (dry/small container) if handwashing clothes</b>
	<b>Video camera if recording video (plus blank tapes / extra batteries / recharger / adapters</b>
	<b>Cassette recorders (plus blank tapes/extra batteries) if recording a mass</b>
	<b>Sewing/repair kit</b>
	<b>Pocket Swiss knife--but you will have to put this in your check-through luggage, since you cannot carry it on the plane</b>
	<b>Umbrella or rain coat</b>
	<b>Large bags of candy for the children in your sister parish</b>
	<b>Sunday Missalette (for any readings in English)</b>
	<b>Fan w/D-size batteries or smaller (best fan, Wholesale Tool Co., <a href="mailto:customerservice@wttool.com">customerservice@wttool.com</a>, Caframo Compact Desk Fan (Order #6601-0077, \$28.50). You'll be happy you bought one.</b>
	<b>Electric items--shaver, hair dryer, iron, etc. They can be used in Haiti without a converter <i>when the electricity is on--but only in those areas which have electricity</i>. You might find such battery-powered items in catalogs, etc.</b>
	<b>Small pillow &amp; own pillowcase, if desired</b>

***THINGS TO DO WHEN LEAVING HAITI***

✓	<i>Task</i>
	<b>Make sure you have your plane ticket, passport, IDs, and extra cash</b>
	<b>Towel, hats, glasses, sunglasses, items you purchased, paperwork, letters, toiletries</b>